## MASTERING YOUR MOTIVATION™ LEARNING EXPERIENCES

## THROUGH THE SKILL OF MOTIVATION, INDIVIDUALS LEARN TO

- Shift their motivational outlook to achieve goals and maintain high performance.
- Generate the vitality needed to be highly effective and thrive simultaneously.
- Fulfill three psychological needs proven to improve psychological safety, creativity, and well-being.



## UNLOCK THE POWER OF OPTIMAL MOTIVATION

- Optimize individual productivity and sustained employee engagement
  - ▶ Transform the employee experience while elevating performance
    - Cultivate a thriving organizational culture
    - ▶ Fuel rapid employee growth and excellence

## LEARNING EXPERIENCE DETAILS

Facilitated in-person or virtual learning experiences

ONE DAY TWO DAY 8-HOUR 4-HOUR or SESSION **SESSIONS** 

Creating sustainable motivation that builds individual vitality



Contact us at aaron@intrinsicfirst.com